



Carta de menús True Poke

<https://carta.menu>

Calle Emilia, 8, 28029 (), Espana, Madrid, Spain
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En esta página de inicio encontrarás el **menú completo True Poke** de Madrid. Actualmente hay 62 platos y bebidas a la venta. Para ofertas cambiantes por favor contacta directamente con el dueño del restaurante. También puedes contactarlo a través de su sitio web. comidas típicos del país se preparan en la cocina del True Poke de Madrid con originales especias asiáticas exquisitas, Particularmente exquisito son también los Sushi y delicias como Te-Maki de este local. Por último, el restaurante auch ofrece una diversidad de **ligeros** platos, que sin duda valen la pena probar, y se utiliza mucho vegetales frescos del día, pescado y carne para **fácilmente digestibles platos japoneses cocinar**.

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Postres

MOCHIS

SMOOTHIE DE OREO Y BANANA

SMOOTHIE DE MANGO, PLÁTANO Y PIÑA

Modif

TOPPING: BROTES DE SOJA

PROTEÍNA: PEZ MANTEQUILLA

PROTEÍNA: ATÚN

Poke Gourmet

CRUNCHY TERIYAKI!

EL FRANCÉS!

THE GREEN BAY!

Pokebowl

POKE PATO

SALMÓN TUNA CRISPY

SALMÓN QUINOA POKE

Bebidas

ZUMO NATURAL

COCA COLA SABOR ORIGINAL

CERVEZA

ZUMO NARANJA Y ZANAHORIA

BATIDO DE FRUTOS ROJOS

FANTA NARANJA (BAJA EN CALORÍAS)

COCA-COLA ZERO AZÚCAR (SIN CALORÍAS)

ACUARIO LIMÓN (BAJO EN CALORÍAS)

FANTA LIMÓN (BAJA EN CALORÍAS)

Modifiers

COBERTURA: CEBOLLINO

TOPPING: SETAS

TOPPING: CACAHUETE DE WASABI

COBERTURA: WAKAME

TOPPING: TRUFA

TOPPING: ALGA NORI EN TIRAS

COBERTURA: MANGO

SALSA BRUTAL!

COBERTURA: AGUACATE

PROTEÍNA: SALMÓN

FONDO: ARROZ

TOPPING: CEBOLLA MORADA

PROTEÍNA: PATO

COBERTURA: ZANAHORIA

COBERTURA: PEPINO

TOPPING: MASAGO (BOLITAS NARANJAS)

TOPPING: EDAMAMES

BIRD SHERIFF Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99	CHICKEN PLATE Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$11.99
STEAK LOVER 1/2 lb Sirloin Steak, Grilled Potatoes, Grilled Onions, and Grilled Peppers \$15.99	"THE V.I.B. BIRD" Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99
THE CAPTAIN 1/2 lb Sirloin Steak, Grilled Potatoes, Grilled Onions, and Grilled Peppers \$15.99	"THE COBBY" Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99
BRENNAN'S STEAK 1/2 lb Sirloin Steak, Grilled Potatoes, Grilled Onions, and Grilled Peppers \$15.99	THE SALAD BOSS Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99
BIRD NATION Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99	GRAND PIG SALAD Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99
WIDE SALAD Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99	WINGS Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99
WINGS Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99	BIRD COCKTAIL Spicy Chicken Wings, Sweet Potato Fries, Pickled Cucumbers, and Honey Mustard Sauce \$12.99

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BIRD SHIRAZ		CHEESE PLATE	
Spicy Chicken, Prosciutto, Bacon, Roasted Sweet Potato, Pickled Cucumbers, Cilantro, Honey Mustard & Toasted Cashews	\$14.95	Sharp Cheddar, Prosciutto, Bacon, Roasted Sweet Potato, Pickled Cucumbers, Cilantro, Honey Mustard & Toasted Cashews	\$11.95
VEAL CASSINO Jus of veal, prosciutto, pickled onions, sautéed mushrooms, ricotta, parmesan, and fresh herbs	\$17.95	"THE VARIOUS BIRD" - "Smoked Chicken, Turkey, Duck, Pork, Beef, Lamb, Pork, Bacon, Prosciutto, Honey Mustard, Pickled Cucumbers, Cilantro, Toasted Cashews, and Honey" (100% of the price of the bird)	\$19.95
THE CAPTAIN Jus of veal, prosciutto, pickled onions, sautéed mushrooms, ricotta, parmesan, and fresh herbs	\$14.95	"THE SMOKE SHAKED HAM & BARY BOLL L'ONNO" Baked Ham topped with "Bary Bolly" Sauce, Cheddar, Pickled Cucumbers, Cilantro, Honey Mustard, Pickled Onions, and Toasted Cashews	\$19.95
BRENNAN'S STEAK Top off our Grassy Grass-fed Ribeye with a 100% Angus Beef	\$17.95	"THE COWBOY" - An amazing burger for a 100% Angus Beef, Cheddar, Pickled Cucumbers, Cilantro, Honey Mustard, Pickled Onions, and Toasted Cashews	\$11.95
BIRD NATIONS A collection of our most popular bird dishes, including our signature "The Captain" and "The Bird" (100% of the price of the bird)	\$24.95	"THE SALAD BOY" - "The salad boy" is a collection of our most popular salads, including our signature "The Captain" and "The Bird" (100% of the price of the bird)	\$17.95
WIDE SALAD A collection of our most popular wide salads, including our signature "The Captain" and "The Bird" (100% of the price of the bird)	\$14.95	GENOVA FUGA SALAD A collection of our most popular Genova Fuga Salads, including our signature "The Captain" and "The Bird" (100% of the price of the bird)	\$11.95
"WINGS" A collection of our most popular wings, including our signature "The Captain" and "The Bird" (100% of the price of the bird)	\$11.95	BIRD COCKTAIL A collection of our most popular bird cocktails, including our signature "The Captain" and "The Bird" (100% of the price of the bird)	\$11.95

True Poke

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Horario de apertura:

Hecho con [carta.menu](#)